INSTRUCTIONS FOR MAKING SQUARES

SQUARES FOR WRAPS are to measure:
10 inches x 10 inches (25 cm x 25 cm)

KNITTED SQUARES To knit a 10 inch x 10 inch square use 8 (4 mm) needles, 8 ply yarn (either wool or acrylic) cast on 50-55 stitches and knit each row plain (ie garter stitch).

NOTE Test your tension to measure 10 inches.

DO NOT KNIT one row plain, one row purl (ie stocking stitch) as your square will curl up.

NO KNOTS Start each ball of yarn at the beginning of a row and sew in ends. Do not cut ends off short as your square will unravel. When starting or finishing a square, sew in all ends.

INSTRUCTIONS FOR DIAGONAL SQUARES

Cast on 3 stitches.

Row 1: k1, increase 1 in next stitch, knit to end of row.
Repeat Row 1 until side edge measures 10 inches (25 cm).

Next Row: k1, k2 together, knit to end of row. Repeat this row until 3 stitches remain, cast off.

INSTRUCTIONS FOR BLOCK 1

Cast on 100 stitches

Row 1: k48, k2 tog. Using a contrasting colour tie a marker around the needle. Knit to the end of row.

Row 2: Knit to 2 stitches BEFORE the marker, k2 tog. Slip marker, knit to end of row. Repeat row 2 until there are 4 sts left, dropping the marker on the last row.

Next row: k1, k2 tog, k1

Next row: k1, k2 together.

Final row: k2 together, do not break off thread.

A FUN AND ADVANCED PATTERN IDEA

Block 1, cast on 100 stitches

Row 1: k48, k2 tog. Using a contrasting colour tie a marker around the needle. Knit to the end of row.

Row 2: Knit to 2 stitches BEFORE the marker, k2 tog. Slip marker, knit to end of row. Repeat row 2 until there are 4 sts left, dropping the marker on the last row.

Next row: k1, k2 tog, k1

Next row: k1, k2 together. Final row: k2 together, do not break off thread.

To begin Block 2, pick up 50 stitches along the top edge of Block 1.
Turn knitting around and then continue by casting on (using the two needle cast-on method) a further 50 stitches (100 stitches).
Repeat rows as for Block 1. Make columns of 4 or 7 blocks and sew columns together.

Or, alternatively, to avoid having to sew the columns up, using a completed column of 4 or 7 squares,

begin 2nd column: 1st block cast on 50 stitches and then pick up 50 stitches along the right edge of the first square of the first column. Knit a new square.

2nd block: pick up 50 stitches along the top edge of the square just completed and 50 stitches from the side of the 2nd square in the first column.
Knit a new square.

Continue with this process until all 28 squares have been completed. Sew in all loose ends.

Tip: When changing colour, knit the first row in K1 P1 rib. This gives a pattern and saves the definite right or wrong side.